

# YMCA of Greater Pittsburgh

## *SPECIAL UPDATE*

### New Community Opportunities for Y Members

April 8, 2010

#### The New YMCA Opens to the Downtown Community

Although the official grand opening ceremony is still a few weeks away, the new PNC YMCA is now open to the public. Located on Fifth Avenue downtown with a wellness center that overlooks Market Square, the new Y is central to Pittsburgh's corporate community. Existing members began using the facility at the end of March and their response has been overwhelmingly positive.

"Members are telling us how much they appreciate the abundance of natural light in the new space all most as much as the new equipment," says Paul McComb, Associate Executive Director of the PNC YMCA. Built with LEED certification in mind, the new Y is host to a number of environmentally friendly features including those that minimize energy use and water consumption.

Stop in for a visit the next time you are in town. Members who already have an Association-wide membership are welcome to work out at the new Y. You can upgrade to gain access association-wide to eleven YMCA wellness centers at your local Y branch.

For more details about the PNC YMCA visit: <http://www.newYintown.org>

< Marathon. run volunteers 2500 over takes it line, finish assisting Stops Water From experience! exciting fun a Volunteer help! your need event, we>

< a party. post-race special t-shirt certificate, service community gets volunteer>

< a Pittsburgh! like Marathon runs No event! premier this local>

## **You Don't Have to Be a Runner to Get Involved With the Pittsburgh Marathon**

Support the Greater Pittsburgh YMCA and Local Charities  
Volunteer today for the Dick's Sporting Goods Pittsburgh  
Marathon, April 30-May 2, 2010

In order to raise awareness and support for the local charities and non-profits in the Pittsburgh area, the YMCA of Greater Pittsburgh is sponsoring the Charity Tent at the Dick's Sporting Goods Pittsburgh Marathon. Thirty (30) charities are raising funds and awareness for their causes through runners participating in the Marathon on May 2, 2010. To support the event, we need your help! Volunteer today for a fun and exciting experience! From the Expo to the Water Stops to assisting runners at the finish line, it takes over 2500 volunteers to run the Marathon.

***Every volunteer gets a community service certificate, t-shirt and a special post-race party.***

Help the YMCA of Greater Pittsburgh support local charities and this premier event! No one runs a Marathon like Pittsburgh!

Visit [www.pittsburghmarathon.com](http://www.pittsburghmarathon.com) to register

## **Right by Nature Hometown Market Supports the Y**

### ***Friday Fest in the Strip to Benefit the YMCA of Greater Pittsburgh***

On April 16th, Right by Nature Hometown Market will donate 10% of all sales to the YMCA of Greater Pittsburgh for the Campaign for Strong Communities. This fundraising event coincides with their Day-After-Tax-Day Free Happy Hour. Folks are invited to join wine and food editor, Dave DeSimone, to sample terrific wines and Tony "Beerman" Knipling of Vecenie Distributing Company to sample organic craft beers - all paired with great food, fun and music at Right by Nature Market at 2305 Smallman in the Strip District. The event runs from 5-7:30 pm. For more details about the event and the market, visit:

<http://www.rightbynature.net/EventCalendarDisplay.cfm>