

Dear Friends:

Please enjoy the newsletters from the Lincoln Park Community Center. Our center houses many great programs that serve the community. The Lincoln Park Family Center provides excellent services to this community. I thank the Lincoln Park Family Center Director, Darlene Sow and her team for all they do to help families.

Sincerely,

Joyce Davis

Executive Director.

LINCOLN PARK FAMILY CENTER

HAPPY NEW YEARS



JANUARY 2012 Newsletter

Inside this issue

LPFC ENVIRONMENTAL GRANT PROJECT

What You Should Expect From Your Child's Care Provider

Family Of The Month

LIHEAP Crisis Program

TICKETTS FOR KIDS

PREPARING FOR PEER PRESSURE

HEALING BROKEN RELATIONSHIPS

JANUARY CALENDAR



Mission Statement

We maximize educational opportunities for all learners by responding to the needs of our community with leading-edge, high-quality, cost-effective programs and services.

Vision Statement

Educational excellence is a hallmark of our region with all learners having access to the best services, enriching their lives and enabling their contribution to a vibrant economy.



LPFC ENVIRONMENTAL GRANT PROJECT

In March of 2011 parents and staff attended an Environmental Resource Fair held at the Office of Child Development. The fair was held for us to meet organizations with expertise in environmental issues and learn about grant opportunities for a center project. Through this fair LPFC was awarded a grant for \$1,120.00 for our project.

On December 1, 2011 LPFC hosted a 2 hour green cleaning and personal care workshop presented by Adagio Health Inc. The demonstration on "Your Environment & Your Health" was presented by Maureen Utz to 20 parents enrolled in the center. Adagio Health's hands on demonstration also included the distribution of the following to each participant: a bucket full of homemade personal care products and cleaning products that are free of toxic chemicals, plus products and supplies for preparing more products. The workshop was very informative and fun. Parents and staff were very happy with all the great information and goodies that they received. Thanks Adagio!



LINCOLN PARK FAMILY CENTER WORKING TO BUILD STRONGER FAMILIES

LINCOLN PARK PARENT COUNCIL MEETING

Parent Council meetings are held the 1st Thursday of every month at 6:00pm. Come enjoy speakers with topics of interest to help the whole family. Come hungry because a wonderful dinner is included. Bring the kids, we have babysitters. Need transportation, we got that too!

What You Should Expect From Your Child's Care Provider

1. Loving Care, responsiveness, stimulation, and attention to your child.
2. A safe and healthy environment.
3. Honesty. Caregivers should share information about problems or accidents.
4. Acceptance of your wishes on matters such as discipline, seat belt/car seat usage, TV watching, food, toilet training, smoking, baby's sleep position, etc.
5. Advance notice of changes, such as in hours or cost.
6. Support for your family. Caregivers should not be critical of your family's lifestyle or values and should not be involved in family's disputes. They should respect your religious beliefs and cultural background.
7. Acceptance of you as the most important person in your child's life.
8. Assurance that everyone in contact with your child is trustworthy, properly trained, and continuously supervised. This includes caregiver's friends and visitors
9. No surprises! Your child care provider shouldn't suddenly announce that her teenage daughter will be watching your children three afternoons per week, nor should a favorite care provider or teacher disappear without explanation.



**Youth Achiever's
After School Program
Mon-Fri
2:30pm-6:30pm**
Activities for programs include: Homework help,
Character Development classes, Cooking/Nutrition
classes, Arts/Crafts, Gym, Library time, and Fieldtrips.



JOKE

A little girl asked her mother, "How did the human race appear?"

The mother answered, "God made Adam and Eve and they had children, and so was all mankind made."

Two days later the girl asked her father the same question.. The father answered, "Many years ago there were monkeys from which the human race evolved."

The confused girl returned to her mother and said, "Mom, how is it possible that you told me the human race was created by God, and Dad said they developed from monkeys?"

The mother answered, "Well, dear, it is very simple. I told you about my side of the family and your father told you about his."

SHOWING AFFECTION

Okay, so you're not the biggest fan of hugs and kisses, but you know your kids need affection. Don't worry - we've got you covered with great tips and ideas for showing affection to your kids.

Be unique. Physical affection doesn't just have to be a hug or kiss. Yes, those are both important, but you can also get creative and find new ways to show your affection. Create a special, secret handshake with your daughter, something only the two of you know. Or, have a "wrestling match" with your sons on the living room floor!

Be affectionate in good times and bad. When your family is facing a difficult time, or when your child is having a bad day, that's when he/she needs your affection the most. Don't limit yourself to praising good achievements and offering hugs in the good times. Chances are, being affectionate to your kids will provide you comfort on a bad day, too.

Praise your kids, not just their achievements. It is essential that your children know that you value who they are, not just what they do. Praise them and show affection when they are not expecting it, and for no reason other than that you value and love them.

Don't shy away. When puberty hits, you may feel apprehensive about showing affection, especially to your teenage daughter. But, now your kids need your affection and affirmation more than ever!

Whether it's a secret handshake with your daughter, a wrestling match with your sons, or just a quick tousle of your child's hair, your kids need and craves your affection. This year, make sure you show your kids affection, and make it a habit all year round.

Family Of The Month

Our family of the month, is Kelly Plum; Kelly and her four year old son Jaden joined our center six months ago. She came looking for work, and a place where her son could interact with other children in a positive environment. While attending our center Kelly became very involved in all the activities we had to offer. Although she was enrolled Kelly didn't get the job she came looking for right away, but soon after she became the newest group leader of the after school program. Kelly has proven to be a very great person at heart with outstanding morals, and good judgment. We are very pleased to have her as part of our team.



NEW DAD BASICS

Know That it is Normal to Have Fears. Most first-time parents will tell you that they do not feel ready for this new direction in their lives. And honestly, no one is ever 100% ready. (Pssst, mom may be feeling the same way, too!)

Get On-the-Job Training. Feed your baby with a bottle or get up at night and bring your baby to mom to feed. Bathe your baby, change diapers, rock and soothe, and/or sing to your baby. These activities will help you connect physically and emotionally with your child.

Ask Questions and Do Research. Don't be afraid to ask! Take advantage of help available through your spouse, friends, family, doctors, nurses, other experienced dads, etc.

Be a Team. The more you work as a team with mom, the more you will be able to experience the precious little moments with your child. Not to mention, sharing the load might help with getting some extra sleep!

Enjoy the Moment. Time flies by when you have a child. Be sure to take every opportunity to cherish time spent with your baby. It is important to spend some time every day (apart from TV, Internet, work, outside commitments, etc...) with your baby.

HAPPY NEW YEARS TICKETS FOR KIDS



LPFC parents, children and staff enjoyed a wonderful fieldtrip to Hartwood Acres Celebration of Lights on December 22, 2011. For the past 10 years we have been privileged to take a free field trip to see the lights. Their beautiful light displays amazed us all. We ate, we laughed and sang songs all evening. Oh boy what a great time we had.

Our staff and families would like to thank Tickets For Kids and their sponsors for all the hard work they do in providing fieldtrips for our families and others. We would not be able to attend so many events without your help. You all are angels to us and we thank you from our hearts.



We would also like to thank Airmen First Class Dominica Darlene Fuller for taking the time out of her holiday vacation to help chaperone our fieldtrip to the Celebration of Lights. Airmen Fuller graduated from Lackland Air Force Base in the summer of last year and we wish her much luck in her career. Her grandmother Darlene Sow, LPFC Site Director is so proud:)



PREPARING FOR PEER PRESSURE

Don't just hope your kids will know what to do in a peer pressure situation. Talk to them and prepare them to make the right choices with these four strategies:

- 1. Instill Confidence and Values Early.** Encourage your child and make sure he is confident in who he is, and that he knows what he stands for. It's never too early to talk to your child about your values.
- 2. Find Teachable Moments.** Use playground or sibling conflicts, or even situations you read about in books and see on TV. Talk about what happened and what the best response is in these situations
- 4. Be Open and Involved.** Ask your child how her day was and be on the lookout for mood swings. Establishing an open relationship with your child will help her confide in you.
- 4. Know Your Child's Friends.** Observe playtime interactions and watch for signs that your child may be pressured. Be proactive about encouraging your child to pick good friends.

It's impossible to protect your child from peer pressure, but by being active, involved, and intentional, you can help your child navigate these sticky situations

20 Lies Every American Should Know! <http://www.youtube.com/watch?>

Just Some Good Things to Know



LIHEAP Crisis Program Centers to Open Jan. 3 *Help is available for winter heating bills*

PITTSBURGH — The Allegheny County Department of Human Services today announced that the Pennsylvania Low Income Home Energy Assistance Program (LIHEAP) will open its Crisis Program Centers on Jan. 3, 2012, with a tentative closing date of March 30, 2012. The program may be extended or shortened depending upon the availability of federal funds.

During the cold weather season, LIHEAP Crisis provides assistance to low-income households that are experiencing heating emergencies, including no heat, lack of deliverable fuels – heating oil, propane and kerosene – and heating system and fuel line repairs and replacements.

In order to qualify for LIHEAP Crisis, an applicant must have an emergency situation caused by the utility service to the home being turned off and locked, being without fuel, having broken heating equipment or leaking lines that must be fixed or replaced and have a household income at or less than 150 percent of the federal poverty income level. For a family of two, this is an annual income no greater than \$22,065.

Applicants must also provide proof of their heating emergency, such as a letter from the utility company stating that the utility has been shut off, proof of social security numbers for all household members, and proof of gross income for a minimum of the last 90 days (more in some situations) for all household members. Proof of income for the last 30 days is required for fixed income clients, such as Social Security or Cash Assistance recipients.

To apply in person for the LIHEAP Crisis Program, applicants should go to one of the following locations:

Downtown Pittsburgh (opens Jan. 3)
Human Services Building
One Smithfield Street - First Floor
Pittsburgh, PA 15222
Monday – Friday, 7:30 a.m. until 2:00 p.m., or until capacity is reached

Natrona Heights (opens Jan. 9)
Allegheny Valley Association of Churches
1913 Freeport Road
Natrona Heights, PA 15065
Monday – Friday, 9:00 AM – 4:00 PM

For more information about the LIHEAP Crisis Program, call the Allegheny County Department of Human Services **TOLL FREE** at **1-800-851-3838** or visit the Utility Assistance page on the DHS website www.alleghenycounty.us/dhs/liheapfactsheet.aspx.



LPFC PARENT/CHILD PLAY GROUPS

LPFC play groups are held each month on the 2nd and 4th Thursday at 6:00pm. We offer tools to help you with your child's development. Come hungry because a wonderful dinner is included. Need transportation , give us a call!

WE DO IT ALL FOR THEM!!



JANUARY

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|-----|---------------------|-----|-----|--|----------------------|-----------------------|
| 1 | 2 | 3 | 4 | 5 Parent Council Meeting 6:00pm | 6 | 7 |
| 8 | 9 | 10 | 11 | 12 Parent Council Officers Meeting and Playgroup 6:00pm | 13 | 14 |
| 15 | 16 Center Closed | 17 | 18 | 19 Family Fun Night 6:00pm | 20 | 21 |
| 22 | 23 | 24 | 25 | 26 Playgroup 6:00pm | 27 | 28 |
| 29 | 30 | 31 | | LPFC Youth Achiever's | After School Program | Mon-Fri 2:30pm-6:30pm |

FROM THE DESK OF REP. ANTHONY M. DELUCA

Texting ban and other new teen driving rules approved

Effective March 9, 2012, state law **bans reading, typing or sending a text message** while driving a motor vehicle. A violation is a primary offense, allowing a police officer to cite (\$50) an operator for this violation alone.

Other new laws that effect teenage drivers are effective Dec. 27, 2011. The new rules are contained in [a law](#) I helped to pass in October. They include:

For the first six months after receiving a junior license, drivers under 18 are not permitted to have more than 1 passenger under 18 who is not an immediate family member, unless they are accompanied by a parent or guardian. After six months without a violation or accident, drivers under 18 may have up to three passengers under 18.

- Permit holders under 18 must have 65 hours of supervised behind-the-wheel training (up from 50 hours). At least 10 hours of training must be nighttime driving, and five must be spent driving in poor weather conditions.
- Seatbelt violations for drivers and passengers under 18 are changed to a primary offense, which means the driver can be pulled over solely for that violation. The fine for conviction is \$75.

The new law also requires Penn DOT to prepare a biannual report for the public with information on crashes involving teen drivers, including the number of passengers in the vehicle and details on seatbelt use.

In just one year – from 2009 to 2010 – fatalities in crashes that involved teen drivers increased 43 percent in Pennsylvania. I believe the new law will improve safety on the road, and reduce injuries and fatalities in vehicle crashes, for teen drivers and all drivers in Pennsylvania.



TARGET GIVES BACK!

A free pair of eyeglasses from Target for any child ages 12 and under brings a valid prescription for glasses from their doctor. You can find stores with optical departments at www.target.com

APPLY NOW - If you have or know young adults between the ages of 18-31 with a High School Diploma. Can earn up to \$100,000 and earn benefits. The Federal Aviation Association is taking application for Air Traffic Controller School visit the website:

www.faa.gov/jobs_opportunities/airtrafficcontroller/

Black Male Teachers needed. Do you know any Black Males who are seniors in high school who want to go to college out of state for FREE? The CALL ME MISTER program offered by 4 historical black colleges in South Carolina, Benedict College, Chaflin University, Morris College and South Carolina State University – visit the www.callmemister.clemson.edu/index.html details online application or call 1.800.640.2657

JOKE:

Teacher: Children nothing is impossible!

A Student: Sir, then take out the tooth paste from the tube and put it back!!!

HEALING BROKEN RELATIONSHIPS

All relationships take work but, if the relationship is strained or broken, it might require even more effort. Want to repair a broken relationship, but not sure how to start? Greg Austen, a seasoned minister and NFI staff member, offers principles for beginning the healing process.

- 1. Build something new; don't try to restore the past.** If you need to seek forgiveness for past wrongs, by all means do so. But, the point here is to start a new chapter in your relationship rather than make revisions to a past story that had reached a sad conclusion.
- 2. Listen long to their recent experiences- especially their feelings.** People don't care what you know until they know that you care. Listen first, talk last. Or, as the saying goes, "seek first to understand before seeking to be understood."
- 3. Plan activities that foster togetherness.** Don't see a movie or go to a concert or another event where you won't be able to talk. Instead, go to dinner together, visit a museum or other local attraction, or just go on a walk. Try to avoid activities that may have bad memories associated with them and make new memories as you go forward.

Be patient. Healing takes time, but it is possible, no matter what may have happened. Keep looking forward to the future and making efforts to reconnect and heal.

JOKE:

A little boy was so excited because his mom told him he is getting a baby brother. He repeated that to his teacher every day when he came to school, "I'm getting a brother." One day his mom allowed him to feel the baby's kicks in her belly. The next day he came to school and didn't say anything to his teacher, so the teacher asked him, what happen to his brother? He replied, "I think mommy ate him."

U.S. News & World Report assembled a list of the top 10 items you should buy in bulk--and why:

1. Toilet Paper

You will always need toilet paper, and it will never spoil. Buying it in bulk can be as much as 50 percent cheaper than buying packages of just a few rolls. Hint: No place to store it? Shove it under a bed.

2. Soap and Shampoo

Like T.P., you'll always need soap and shampoo, so saving pennies on the ounce adds up big time.

3. Alcohol

Here's your choice: Pay \$8 for a 6-pack of beer or \$14 for a 20-pack. Go for the 20-pack and make room in your fridge.

4. Office Supplies

Home office and school supplies can be pricey, especially when purchased in small amounts. But if you know you and the kids will need these things in the future, go ahead and buy pens, folders and staples in bulk to save up to 50 percent.

5. Toothbrushes/Toothpaste

Buying toothbrushes in bulk can save you a lot: \$8 for two at the regular price or \$14 for six at the bulk price. You'll find similar bulk prices for toothpaste; instead of paying \$5 for a single tube, you can get three for \$10 when you buy in bulk. Don't overdo it on the toothpaste, though, because it does have an expiration date.

6. Vitamins

Vitamins are expensive in the grocery store, but buying in bulk can save a few cents per pill. Add that up over a year, and you've saved a lot.

7. Cell Phone Minutes

It wouldn't occur to most people to buy cell phone minutes in bulk, but doing so can save you money, since you will always avoid overage charges.

8. Non-Perishable Food

The only food items you should buy in bulk are those things that will not perish quickly--and you know your family will consume. This includes cereal, canned tuna fish and soft drinks. Look for the cost to be about 30 percent cheaper than buying one box, can or bottle at a time.

9. Blank CDs and DVDs

Burning your own CDs or DVDs can be a lot cheaper if you buy the blank CDs and DVDs in bulk. OK, you may end up with enough to last you for years, but you'll save 25 percent.

10. Detergent

As long as you can find a place to store it, you can save up to 17 cents a load by buying a huge tub of laundry detergent versus the smaller one.

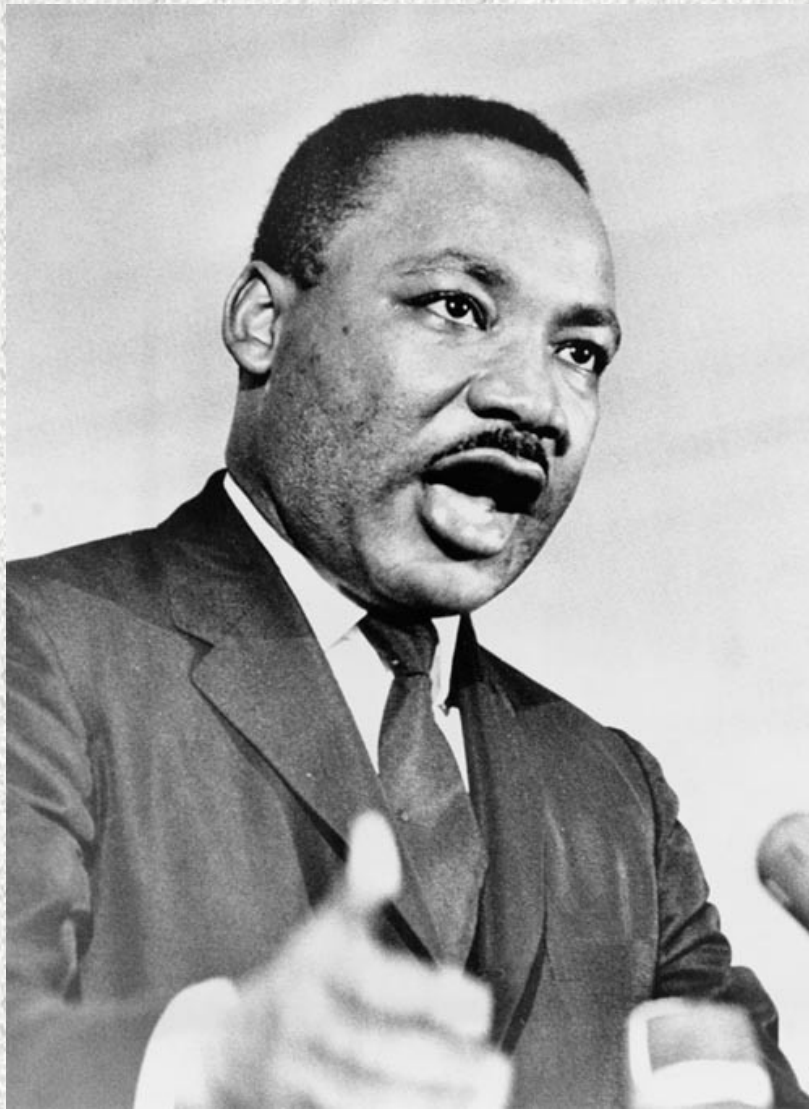
Copr: 1985 LPCC

LINCOLN PARK
COMMUNITY
CENTER
INC.

Newsletter

LPCC
Founded 1929

January 2012



PUBLISHED BY: LINCOLN PARK COMMUNITY CENTER. INC./LPCC

I Have A Dream Speech.
By Martin Luther King Jr

I am happy to join with you today in what will go down in history as the greatest demonstration for freedom in the history of our nation.

Five score years ago, a great American, in whose symbolic shadow we stand today, signed the Emancipation Proclamation. This momentous decree came as a great beacon light of hope to millions of Negro slaves who had been seared in the flames of withering injustice. It came as a joyous daybreak to end the long night of their captivity.

But one hundred years later, the Negro still is not free. One hundred years later, the life of the Negro is still sadly crippled by the manacles of segregation and the chains of discrimination. One hundred years later, the Negro lives on a lonely island of poverty in the midst of a vast ocean of material prosperity. One hundred years later, the Negro is still languishing in the corners of American society and finds himself an exile in his own land. So we have come here today to dramatize a shameful condition.

In a sense we have come to our nation's capital to cash a check. When the architects of our republic wrote the magnificent words of the Constitution and the Declaration of Independence, they were signing a promissory note to which every American was to fall heir. This note was a promise that all men, yes, black men as well as white men, would be guaranteed the unalienable rights of life, liberty, and the pursuit of happiness.

It is obvious today that America has defaulted on this promissory note insofar as her citizens of color are concerned. Instead of honoring this sacred obligation, America has given the Negro people a bad check, a check which has come back marked "insufficient funds." But we refuse to believe that the bank of justice is bankrupt. We refuse to believe that there are insufficient funds in the great vaults of opportunity of this nation. So we have come to cash this check -- a check that will give us upon demand the riches of freedom and the security of justice. We have also come to this hallowed spot to remind America of the fierce urgency of now. This is no time to engage in the luxury of cooling off or to take the tranquilizing drug of gradualism. Now is the time to make real the promises of democracy. Now is the time to rise from the dark and desolate valley of segregation to the sunlit path of racial justice. Now is the time to lift our nation from the quick sands of racial injustice to the solid rock of brotherhood. Now is the time to make justice a reality for all of God's children.

It would be fatal for the nation to overlook the urgency of the moment. This sweltering summer of the Negro's legitimate discontent will not pass until there is an invigorating autumn of freedom and equality. Nineteen sixty-three is not an end, but a beginning. Those who hope that the Negro needed to blow off steam and will now be content will have a rude awakening if the nation returns to business as usual. There will be neither rest nor tranquility in America until the Negro is granted his citizenship rights. The whirlwinds of revolt will continue to shake the foundations of our nation until the bright day of justice emerges.

But there is something that I must say to my people who stand on the warm threshold which leads into the palace of justice. In the process of gaining our rightful place we must not be guilty of wrongful deeds. Let us not seek to satisfy our thirst for freedom by drinking from the cup of bitterness and hatred.

We must forever conduct our struggle on the high plane of dignity and discipline. We must not allow our creative protest to degenerate into physical violence. Again and again we must rise to the majestic heights of meeting physical force with soul force. The marvelous new militancy which has engulfed the Negro community must not lead us to a distrust of all white people, for many of our white brothers, as evidenced by their presence here today, have come to realize that their destiny is tied up with our destiny. They have come to realize that their freedom is inextricably bound to our freedom. We cannot walk alone.

As we walk, we must make the pledge that we shall always march ahead. We cannot turn back. There are those who are asking the devotees of civil rights, "When will you be satisfied?" We can never be satisfied as long as the Negro is the victim of the unspeakable horrors of police brutality. We can never be satisfied, as long as our bodies, heavy with the fatigue of travel, cannot gain lodging in the motels of the highways and the hotels of the cities. We cannot be satisfied as long as the Negro's basic mobility is from a smaller ghetto to a larger one. We can never be satisfied as long as our children are stripped of their selfhood and robbed of their dignity by signs stating "For Whites Only". We cannot be satisfied as long as a Negro in Mississippi cannot vote and a Negro in New York believes he has nothing for which to vote. No, no, we are not satisfied, and we will not be satisfied until justice rolls down like waters and righteousness like a mighty stream.

I am not unmindful that some of you have come here out of great trials and tribulations. Some of you have come fresh from narrow jail cells. Some of you have come from areas where your quest for freedom left you battered by the storms of persecution and staggered by the winds of police brutality. You have been the veterans of creative suffering. Continue to work with the faith that unearned suffering is redemptive.

Go back to Mississippi, go back to Alabama, go back to South Carolina, go back to Georgia, go back to Louisiana, go back to the slums and ghettos of our northern cities, knowing that somehow this situation can and will be changed. Let us not wallow in the valley of despair.

I say to you today, my friends, so even though we face the difficulties of today and tomorrow, I still have a dream. It is a dream deeply rooted in the American dream.

I have a dream that one day this nation will rise up and live out the true meaning of its creed: "We hold these truths to be self-evident: that all men are created equal."

I have a dream that one day on the red hills of Georgia the sons of former slaves and the sons of former slave owners will be able to sit down together at the table of brotherhood.

I have a dream that one day even the state of Mississippi, a state sweltering with the heat of injustice, sweltering with the heat of oppression, will be transformed into an oasis of freedom and justice.

I have a dream that my four little children will one day live in a nation where they will not be judged by the color of their skin but by the content of their character.

I have a dream today.

I have a dream that one day, down in Alabama, with its vicious racists, with its governor having his lips dripping with the words of interposition and nullification; one day right there in Alabama, little black boys and black girls will be able to join hands with little white boys and white girls as sisters and brothers.

I have a dream today.

I have a dream that one day every valley shall be exalted, every hill and mountain shall be made low, the rough places will be made plain, and the crooked places will be made straight, and the glory of the Lord shall be revealed, and all flesh shall see it together.

This is our hope. This is the faith that I go back to the South with. With this faith we will be able to hew out of the mountain of despair a stone of hope. With this faith we will be able to transform the jangling discords of our nation into a beautiful symphony of brotherhood. With this faith we will be able to work together, to pray together, to struggle together, to go to jail together, to stand up for freedom together, knowing that we will be free one day.

This will be the day when all of God's children will be able to sing with a new meaning, "My country, 'tis of thee, sweet land of liberty, of thee I sing. Land where my fathers died, land of the pilgrim's pride, from every mountainside, let freedom ring."

And if America is to be a great nation this must become true. So let freedom ring from the prodigious hilltops of New Hampshire. Let freedom ring from the mighty mountains of New York. Let freedom ring from the heightening Alleghenies of Pennsylvania!

Let freedom ring from the snowcapped Rockies of Colorado!

Let freedom ring from the curvaceous slopes of California!

But not only that; let freedom ring from Stone Mountain of Georgia!

Let freedom ring from Lookout Mountain of Tennessee!

Let freedom ring from every hill and molehill of Mississippi. From every mountainside, let freedom ring.

And when this happens, when we allow freedom to ring, when we let it ring from every village and every hamlet, from every state and every city, we will be able to speed up that day when all of God's children, black men and white men, Jews and Gentiles, Protestants and Catholics, will be able to join hands and sing in the words of the old Negro spiritual, "Free at last! free at last! thank God Almighty, we are free at last!"

In Honor of Martin Luther King
By Jamie McKenzie

Some kings rule their kingdoms sitting down
Surrounded by luxury, soft cushions and fans

But this King stood strong
stood proud
stood tall

When the driver told Rosa
"Move to the back of the bus!"
When the waiter told students"
We don't serve your kind!"

When the Mayor told voters
"Your vote don't count!"

And when the sheriff told marchers
"Get off our streets!"

using fire hoses, police dogs and cattle prods
to move them along

This King stood strong
stood proud
stood tall

Speaking of peace
of love

and children
hand in hand

free at last

free at last

When some yelled for violence

For angry revenge
An eye for an eye
And a tooth for a tooth
He stood his ground
Preaching peace
And when some spit out hate
He stood there smiling
Spreading love
Until it rolled like the sea across the land
Sweeping away Jim Crow
Breaking down the walls
Ringing the bell
Joyfully
For Freedom
Until
Standing on the mountain top
They shot him
Coldly
Hoping to see him fall
Hoping to put him away
To bring him low
But this King
even in death
even today
stands strong
stands proud
stands tall
And we remember

Martin Luther King Jr was born on January 15, 1929.

He graduated from Morehouse College in 1951.

He was married to Coretta Scott King on June 18, 1953.



They were the parents of Yolanda King, Martin Luther King III, Dexter Scott King, and Bernice King.

Lincoln Park Library

7300 Ridgeview Ave. Pittsburgh, PA 15235
(412) 362-7729

Books for all ages

Books on CDs

DVDs

Magazines and Newspapers

Public Access Computers

Free Wi-Fi

Computer Classes

Library Hours:

Monday-Thursday 10AM—5:30 PM

Friday 10AM-5 PM

Saturday and Sunday— Closed

Open to the Public!!